



SONGA SHIPMANAGEMENT LTD. HEALTH POLICY

Our Health Policy is designed to provide adequate control of the health and safety risks arising from work activities. In order to maintain health, including mental health and well-being throughout the fleet it is necessary to carry out the following tasks to:-

- consult with crew members on matters affecting their health and safety;
- provide and maintain a safe working environment and equipment;
- ensure safe handling and use of substances;
- provide information, instruction and supervision for employees;
- ensure all employees are competent to do their tasks, and to give them adequate training;
- prevent accidents and cases of work-related ill health; and
- review and revise this policy as necessary.

As with the Quality and Safety policy we aim to avoid *Safety Hazards*, through preventive measures, including documented systems.

We acknowledge that hazards cannot be fully eliminated. *Contingency Plans* have been documented and implemented, *Training and drills* are an integral part of our continued efforts to be prepared to meet situations representing danger to life, health, environment, ship, cargo and other values.

Crew members are encourage to report any misgivings they have to the Company in order that these can be dealt with and procedures improved.

This Policy is determined and fully supported by the managing director and the senior management team.

Kenneth MacLeod
Managing Director
12 April 2019